

FROM DESPONDENCY TO HOPE: ENDING ADDICTION FOR GOOD USING A POSITIVE PSYCHOLOGICAL APPROACH

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Malibu, California

USA



Nature of Addiction



A Positive Treatment Model

"What a joy to be part of the journey of individuals transcending their suffering and their struggling to be able to be in that special place of thriving."

—James O. Prochaska, PhD

*Director of the Cancer Prevention Research Center at the University of Rhode Island
and Developer of the Transtheoretical Model of Behavior Change*

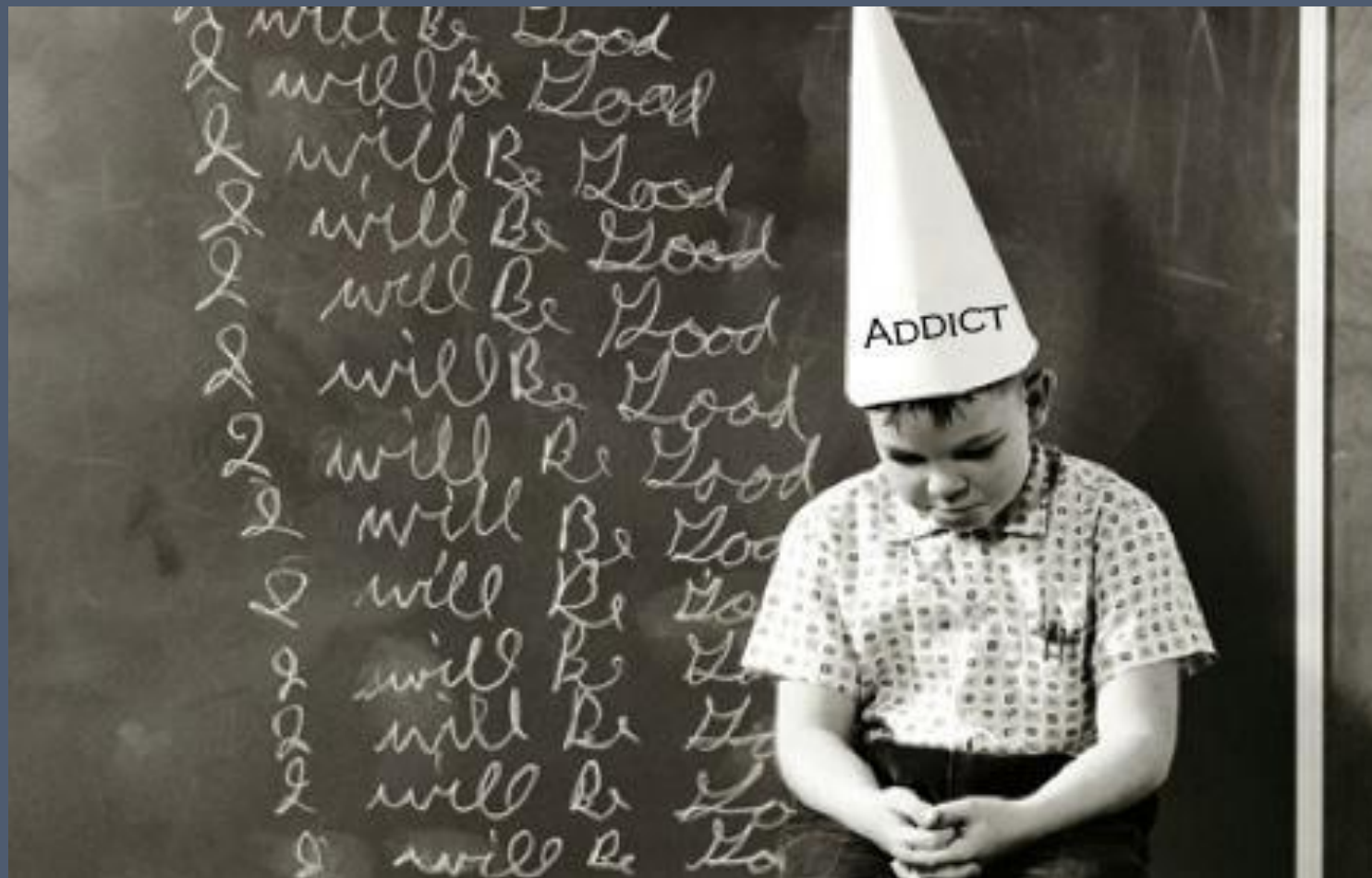
ENDING ADDICTION FOR GOOD

*The Ground-Breaking, Holistic,
Evidence-Based Way to Transform Your Life*



Richard Taite and Constance Scharff, PhD

Hopelessness and Demoralization



Positive Psychology Supports Addiction Recovery



Gratitude and Hope



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