Scope and Aims of the Middle East Journal of Positive Psychology™

The Middle East Journal of Positive Psychology (MEJPP) has the primary aim of developing an indigenous positive psychology in the Middle East/North Africa region. The MEJPP is interested in happiness and well-being, as well as positive parenting, positive education, positive psychology clinical interventions, positive community development, positive health, positive cultural and social development, positive organizational and workplace development...and all that is well in the Middle East/North Africa region.

The MEJPP publishes theoretical, applied, empirical, quantitative and qualitative research in the various domains of positive psychology and culture. The aim of the journal is to encourage critical analysis of issues relating to happiness and culture.

We recognize that positive psychology is a new field and not everyone is familiar with it. We encourage you to read some of our already published articles on the subject and learn more about its precepts.

The MEJPP is interested in the following, but not limited to;

Positive emotions and experiences; Positive human development; Positive health; Positive leadership; Positive psychology at work and in organizations; Positive assessments and measurements; Positive relationships; Positive psychology clinical interventions; Positive sexuality; Positive psychology and religion/spirituality; Positive community development; Positive parenting; Positive psychology and culture; Indigenous Positive Psychology; any other relevant topic to positive psychology in the Middle East/North Africa region.
Here are examples of the types of research we prefer.

Topic 1: Terrorism in the Middle East: Paper only outlines/reviews the negative consequences of terrorism, terrorist acts, negative implications on families, neighborhoods, etc., and offers recommendations for future research.

**Preferred option:** The same paper can fully review the consequences of terrorism but also include a positive focus. For instance, a review of successful programs aimed at deterring such activity and cases highlighting the effective rehabilitation of suspected or actual terrorists.

Why? Positive psychology has at its aim the discovery of what helps individuals and societies flourish versus perish.

Topic 2: Use of a Western Self-Esteem tool to measure the self-esteem of young Emirati girls and compare results to a similarly aged cohort of American girls.

**Preferred option:** Rather than use a Western tool, search for locally validated tools. Evaluate if self-esteem is a valid construct in this culture. Are there better constructs to consider? Study how Emirati girls see themselves on their own terms and without comparison to a Western standard.

Why? Indigenous psychology seeks to understand people on their own terms and not ‘in contrast with’ or ‘compared to.’

The MEJPP is an internationally recognized electronic journal, published three times a year. Articles can be submitted at any time and are reviewed by an editorial review committee. The initial review process can take anywhere from three to eight weeks. All submitted articles will be acknowledged. Articles may be submitted in English or Arabic and must be accompanied by an abstract. See “Instructions for Authors” for more detail.